# Community Health Needs Assessment Establishing Health Priorities Reporting Document

#### Introduction

San Juan County Healthcare Facilities (SJCHF)- which consisted of San Juan Health Service District, Blue Mountain Hospital and Utah Navajo Health System collaborated to participate in a Community Health Assessment process administrated by the National Rural Health Resource Center (The Center) of Duluth, Minnesota. In August 2016, The Center conferred with leaders from the hospital to discuss the objectives of a community health needs assessment including secondary data analysis and focus groups and a facilitated discussion to establish health priorities. Results were presented during an on-site discussion with representatives from each healthcare facility within San Juan County to review the assessment findings and to identify community health priorities.

## **Description of Community Served**

SJCHF provided The Center with market share demographics and utilization and previous community health needs assessment findings. Three focus group events were coordinated in the community in October 2016 representing various community stakeholders. Secondary data analysis included data from San Juan, the county where SJCHF is located with two surrounding counties (Grand and Kane) representing the market share as well as data for the state of Utah and U.S., as available.

## **Input from Broad Interests**

 Conducted focus groups: participants represented key stakeholders such as healthcare providers, community leaders (including public health), seniors, young parents and the Navajo nation. Thirty-two people participated in total. Each focus group session was approximately 60 minutes in length and included the same questions. The questions and discussions at the focus groups were led by Kami Norland of the Center. No identifiable information is disclosed in the focus group summary to maintain confidentiality.

#### **Prioritized Health Needs**

On Tuesday, December 5, 2016, representatives from the hospital and clinic leadership teams (the Team) were assembled to begin the process to identify the top community health needs. This Team participated in a discussion regarding the state and national health care environment and review of the assessment findings, focus group and secondary data analysis findings. The Team then rated the community health needs based on the ability of the hospital to respond to the needs of the community. The top community health needs identified were:

• Improve operational collaboration

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- Educate the community
- Engage the community
- Advocate for community needs

These needs were then evaluated based on urgency, feasibility within the hospital's resources, existing community strengths, and opportunities to partner with other local organizations. The Team discussed each of the identified health needs.

The Team identified what SJCHF can do to address the gaps in health in the community as their goal. A facilitation method designed to achieve group consensus-based decisions that respects the diversity of participant perspectives, inspires individual action and moves the group toward joint resolve and action was utilized. This method creates awareness about new relationships between data and acknowledges the level of the group's consensus at any given moment. The conversation is aimed towards identifying actions SJCHF can take towards addressing the community's top health needs identified.

Team members began by individually brainstorming potential actions to address this goal. Team members then shared their ideas with a partner and identified the top potential actions they wished to share with the full group. These potential actions were posted on a Conversation Board for all to read and discuss. After the actions were organized, the Team collectively developed objectives to describe the potential activities SJCHF could pursue as outlined in the table below. A value of the group was identified to be mindful that engagement of the two tribes, Hispanic populations and other ethnic and diversity groups be considered when implementing tactics outlined below, to best meet the needs of everyone in the county.

Objectives	Improve Operational Collaboration*	Educate the Community	Engage the Community	Advocate for Community Needs
Potential activities	Collaborate to increase MRI availability, including for those residing in the southern part of the county*  Share MRI  Assess availability of the updated technologies amongst SJCHF partners  Recruit specialists together (surgery)*  Coordinate cross-coverage for specialty services, e.g. surgeon  Reduce cost by sharing resources-staff/equi pment  Offer combined specialized trainings for healthcare providers  Collaborate, do not duplicate patient care	<ul> <li>Offer hands-on workshops for both community and providers*</li> <li>Educate on service lines available at all facilities and promote career opportunities</li> <li>Educate school age children about careers in healthcare</li> <li>Establish community committees to address community health needs</li> <li>Increase education to public regarding healthy lifestyle (newsletter, in schools)</li> <li>Promote existing services (newsletter)</li> <li>Publish a story of the progress and accomplishment of all SJCHF over past 5 years</li> <li>Gain input &amp; participation from local organizations: city council, seniors, Rotary, Chamber, school, etc. on workshops/outreach</li> <li>Collaborate with college &amp; nursing program to provide education to public</li> </ul>	Co-host collaborative events (golf tournament, fun run) to benefit all communities*  Co-sponsor (including other entities) events as a 5k fun run to promote health  Increase outreach into southern part of county  Include programming for diverse populations  Offer more in-depth and engaging health fairs	Co-sponsor community health advocacy events  Use EMRs to initiate preventative care  Lobby Navajo nation for more funding for road development and improvement as it links to healthcare outcomes and population health  Evaluate a captive county-wide health plan

<sup>\*</sup>Indicates items prioritized by the group

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This list of potential activities identified by the Team will be reviewed by hospital and clinic leadership teams and compared to existing promotional and outreach service offerings at each facility. Hospital and clinic leadership from each facility will then operationalize a plan of actions to address the identified health goal by completing the Community Health Assessment Action Plan Worksheet.

#### **Dissemination**

- Each facility invested in SJCHF posted a summary of the community health needs assessment findings and implementation strategy online on their respective website (INSERT DIRECT LINK of the Assessment and Community Health Assessment Action Plan on your website)
- SJCHF disseminated a press release of the community health needs assessment findings and implementation strategy in newsletters

# **Implementation Strategy**

 Leadership team members at each facility in SJCHF assembled to operationalize the community health assessment action plan which identifies the objectives, organization's responsible, a timeline, a list of partners and resources, and how the objective will be measured for success (see Community Health Assessment Action Plan)

# Resolution to Approve Community Health Needs Assessment Implementation Plan

Whereas the board of Blue Mountain Hospital approved of and oversaw the implementation of a Community Health Assessment process for the purpose of improving community health status and meeting Internal Revenue Service mandates enacted through the Patient Protection and Affordable Care Act;

Now therefore be it resolved that the board of Blue Mountain Hospital does hereby adopt this resolution to accept the Community Health Needs Implementation Plan presented on this day to address to the following prioritized health needs:

- Improve operational collaboration
- Educate the community
- Engage the community
- Advocate for community needs

Upon vote taken, the following voted:	
For:	
Against:	
Whereupon said Resolution was declare day of	ed duly passed and adopted this
Board chair	Attest: Board Secretary
Board chair	Attest: Board Secretary

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